

# Kells Bay

## Breakfast Menu

### Self Service:

- Selection of juices
- Cereals; oat and fruit muesli - corn flakes
- Fruit bowl
- Freshly baked croissants, artisan breads, fruit scones, Danish pastries

### Available to order:

- Selection of Kells Bay toasted breads
- Yogurts; natural, fruit or low fat
- Granola, with seasonal berries, Greek yoghurt and honey
- Kells Bay porridge; berries, maple coated pecan, seeds, crème fraiche and honey

### Please choose from one of the following options:

- Kells Bay breakfast; bacon, sausages, black pudding, tomato, local free-range poached egg, rocket  
Optional extra: mushrooms
- Local free-range scrambled eggs with Daly's smoked salmon on sourdough toast with rocket
- Crushed avocado, local free-range poached eggs on sourdough toast with rocket
- Thai omelette, 'Khao Jiao'; local free-range eggs, soy sauce, tomato, onion, spring onion and white pepper
- Plate of cold meats, tomato, cucumber, cheese with rocket
- Pancakes; served with seasonal berries and warm maple syrup

If you are concerned about food allergies e.g. Nuts, etc.,  
please seek assistance prior to ordering

[www.kellsbay.ie](http://www.kellsbay.ie)

# Kells Bay Breakfast Menu

- **Coffees**

**Freshly ground Arabica Espresso Beans**

Americano, Espresso, Latte, Cappuccino, Macchiato

- **Teas & Infusions**

**Black Teas** - Irish Breakfast, Earl Grey,  
Ceylon Black Decaffeinated

**Green Teas** - Ginger and Lemongrass,  
Gunpowder and Mango, Moroccan Mint

**Herbal Infusions** - Peppermint, Camomile,  
Wild Berry

- **Hot Chocolate**

Our produce is sourced from local suppliers  
wherever possible

We hope you enjoy your breakfast this morning.  
Please do not hesitate to ask for something not on  
our menu and we will try our best to accommodate  
you.

**Penn & Billy**

[www.kellsbay.ie](http://www.kellsbay.ie)