

# Sala Thai

“A Taste of Two Kingdoms”

## Noodles

- a. Chicken €11.50    b. Prawn €12.50    c. Fillet Beef €12.50  
d. Vegetarian €10.50    e. Veg & Tofu €11.00

### 31. Paht Thai

Rice noodles stir fried, with beansprouts, spring onion, carrot, with Paht Thai sauce, served with ground peanut and a slice of lime

### 32. Paht See Yu

Egg noodles stir fried, with broccoli, carrots, egg, mushrooms and garlic to flavour, with seasoning sauces and a slice of lime

## Side Dishes

33. Steamed Thai Jasmin rice €2.50  
34. Egg fried rice €3.50  
35. Egg fried noodles €4.00  
36. Chips €3.00  
37. Omelette €5.00  
38. Mixed vegetables stir fried with oyster sauce €5.50  
39. Broccoli stir fried with oyster sauce €5.50  
40. Thai prawn crackers with sweet chilli sauce €3.00  
41. Portion of Curry Sauce €1.50

## Desserts

42. Guay Tod Nampueng €5.00  
Crispy banana in coconut fritters, drizzled with honey and sprinkled with sesame seeds  
44. Cakes €4.50  
Chocolate cake, Cheesecake or Carrot cake  
46. Lychees in a light syrup €4.00

## Teas, Coffees, Etc.

- |            |       |                 |       |
|------------|-------|-----------------|-------|
| Americano  | €3.20 | Espresso        | €3.20 |
| Cappuccino | €3.50 | Latte           | €3.50 |
| Mocha      | €3.80 | Speciality Teas | €3.00 |

- Bottle of sparkling water 500 ml €2.00  
Bottle of still water 500 ml €2.00  
Minerals: €2.20  
Coca-Cola, Diet Coca-Cola, Coca-Cola Zero, 7Up, 7Up Free, Fanta, Club Orange, Club Lemon, Rock Shandy

Join Us...  
for dinner, dine in or take away



\*Please allow a minimum of 30 minutes for your order to be freshly prepared

\*During the high season we may not be able to take orders between 7:00pm & 8:30pm



# Sala Thai

at Kells Bay  
“A Taste of Two Kingdoms”

TAKE  
AWAY  
MENU

To order please call  
(066) 9477974 \ (066) 9477975

Opening Times:  
2:00pm to 8:00pm (last orders)

[www.kellsbay.ie](http://www.kellsbay.ie)

To order please call  
(066) 947 7975 / (066) 9477974

# Sala Thai

“A Taste of Two Kingdoms”

Ordering Times:  
2:00pm to 8.00pm (last orders)

## Starters

1. Chicken Satay - Gai Satay €6.00  
Marinated chicken, deep fried on (4) skewers served with our peanut sauce
2. Vegetable Spring Rolls - Popia Tod €5.00  
Crispy, fried, vegetarian spring rolls served with plum sauce
3. Prawn Rolls - Goong Hom Pa €5.50  
Deep fried prawn rolls served with sweet chilli sauce
4. Corn Cakes - Tod Man Khao Pod 🌶️ €5.00  
Deep fried corn cakes containing herbs and curry paste served with sweet chilli sauce
5. Prawn Toast - Kha Nom Pang Na Goong €5.00  
Thai prawn toast served with sweet chilli sauce
8. Thai Style Chicken Wings €6.50  
Marinated chicken wings served with salad & sweet chilli sauce
9. Thai Fish Cakes - Tod Man Bla 🌶️ €6.50  
Thai fish cakes made with red curry paste served with sweet chilli sauce
10. Squid Tempura €6.50  
Deep fried squid in tempura batter with sweet chilli sauce
11. Aromatic Duck, Thai style - for 2 persons €12.50  
Crispy duck, served with pancakes, hoi sin sauce with a julienne of carrot, spring onion & cucumber

## Soups

- a. Chicken €5.00   b. Prawn €6.00   c. Vegetarian €5.00
12. Tom Yam Soup 🌶️🌶️  
Spicy and sour soup with lemongrass, lemon juice, chili, galangal root, mushrooms, spring onion, fish sauce, coriander and cherry tomato
13. Tom Kha Soup  
Mild coconut milk soup with mushrooms, spring onion, coriander, galangal root and lemongrass

## Thai Spicy Salads (Served warm)

14. Sliced fillet of Beef 🌶️🌶️ €10.50  
Beef fillet stir fried with Thai dressing, chillies, tomato, celery, onion & lime juice
15. Sliced breast of Chicken 🌶️🌶️ €9.50  
Chicken breast stir fried with Thai dressing, chillies, tomato, celery, onion & lime juice
16. Seafood 🌶️🌶️ €12.95  
Squid & prawns in a spicy Thai dressing with glass noodle, coriander, tomato, onion, carrot, celery, spring onion & shallot

## Curries

- a. Chicken €12.50   b. Prawn €13.50   c. Fillet Beef €13.50  
d. Vegetarian €11.50   e. Veg & Tofu €12.00   f. Duck €13.90
- All curries come with steamed Thai rice included in the price
  - Egg fried rice €1.00 extra
17. Green Curry - Kaeng Kiaw Waan 🌶️🌶️  
Green curry paste with coconut milk, peas, peppers and courgette
- 17 (S). Green Seafood Curry 🌶️🌶️ €15.00  
With prawns, crab claws & squid
18. Yellow Curry - Kaeng Kari 🌶️  
Yellow curry paste with coconut milk, onion, fried potato and only a dash of chili. The mildest of the Thai curries

19. Red Curry - Kaeng Daeng Phet 🌶️🌶️🌶️  
Red curry paste with coconut milk, sliced bamboo shoots, courgettes and peppers
20. Red Curry with Pineapple 🌶️🌶️🌶️  
Red curry paste with coconut milk and pineapple
21. Massaman Curry 🌶️  
A mild rich curry made with Massaman curry paste, coconut milk, fried potato, onion with peanuts and fried shallots

## Sala Thai Spice Rating:

Mild = 🌶️   Medium = 🌶️🌶️   Very Spicy = 🌶️🌶️🌶️

## Fried Rice Dishes

- a. Chicken €11.00   b. Prawn €12.00   c. Fillet Beef €12.00  
d. Vegetarian €10.50   e. Veg & Tofu €11.00  
g. Crabmeat €12.00

22. Thai Fried Rice - Khao Pad  
Stir fried rice with egg, onions, spring onions, tomato & vegetables

## Stir-Fry

- a. Chicken €12.50   b. Prawn €13.50   c. Fillet Beef €13.50  
d. Vegetarian €11.50   e. Veg & Tofu €12.00   f. Duck €13.90

- All stir-fries come with Thai steamed rice included in the price
- Egg fried rice €1.00 extra

23. Ginger - Pad Khin  
Stir fried with ginger, mushrooms and garlic with seasoning sauces

24. Paht Kra Phrao 🌶️🌶️  
Spicy Thai dish stir fried with onions, mushrooms, chillies, basil and spring onions

25. Black Bean Sauce  
Stir fried with peppers, onions, carrots and broccoli

26. Paht Nua Rumit Naman Hoy  
Stir fried with Thai oyster sauce and a selection of fresh vegetables

27. Phat Prik Gaeng Daeng 🌶️🌶️  
Red curry pan fried with green beans and peppers

28. Cashew Nuts and Spring Onions  
Stir fried with cashew nuts, carrots, spring onion and onions

29. Crispy Roast Duck  
With a dressing of tamarind sauce, with fried shallots on a bed of mixed vegetables

## Fish (subject to availability)

€15.50

30. Steamed Fish  
Whole sea bass (filleted) steamed, with chilli, coriander, spring onion, ginger, light soya sauce with a slice of chilli on a bed of stir fried vegetables with Thai steamed rice