

Welcome to the

# Sala Café

at Kells Bay

## Starters

- 1. Chicken Satay** - Gai Satay €7.50  
Marinated chicken, deep fried on skewers served with our peanut sauce
- 2. Vegetable Spring Rolls** - Popia Tod €6.50  
Crispy, fried, vegetarian spring rolls served with plum sauce
- 3. Prawn Rolls** - Goong Hom Pa €7.00  
Deep fried prawn rolls served with sweet chilli sauce
- 4. Corn Cakes** - Tod Man Khao Pod 🌶️ €6.50  
Deep fried corn cakes containing herbs & curry paste served with sweet chilli sauce
- 5. Prawn Toast** - Kha Nom Phang na Goong €6.50  
Thai prawn toast served with sweet chilli sauce
- 6. Selection platter** of the above 5 starters  
Served with our peanut & sweet chilli sauce  
For 2 people €16.95
- 7. Popia Sod** €7.50  
Glass pastry with carrot, spring onion, lettuce and steamed salmon. Served with egg, mayonaise, wasabi & honey sauce
- 8. Thai Style Chicken Wings**, €7.50  
Marinated chicken wings served with salad & sweet chilli sauce
- 9. Thai Fish Cakes** - Tod Man Bla 🌶️ €7.50  
Thai fish cakes made with red curry paste served with sweet chilli sauce
- 10. Squid Tempura** €7.50  
Deep fried squid in tempura batter with sweet chilli sauce
- 11. Aromatic Duck** - Thai Style For 2 people €16.95  
Crispy duck, served with pancakes, hoi sin sauce with a julienne of carrot, spring onion & cucumber

## Soups

- a. Chicken €5.50 b. Prawn €6.00 c. Vegetarian €5.00

- 12. Tom Yam Soup** 🌶️🌶️  
Spicy & sour soup with lemongrass, lemon juice, chilli, galangal root, mushrooms, spring onion, fish sauce & cherry tomato
- 13. Tom Kha Soup**  
Mild coconut milk soup with mushrooms, spring onion, coriander, galangal root & lemongrass

## Curries

- a. Chicken €12.95 b. Prawn €13.95 c. Fillet Beef €13.95  
d. Vegetarian €10.95 e. Vegetarian & Tofu €11.95  
f. Duck €13.95  
Our curries are served with Thai steamed rice

### 17. Green Curry - Kaeng Kiaw Waan 🌶️🌶️

Green spicy curry with coconut milk, peas, peppers, chilli & courgette

### 19. Red Curry - Kaeng Daeng Phet 🌶️🌶️🌶️

Red curry paste with coconut milk, sliced bamboo shoots, courgettes & peppers

## Fried Rice Dishes

- a. Chicken €10.95 b. Prawn €11.95 c. Fillet Beef €11.95  
d. Vegetarian €9.50 e. Vegetarian & Tofu €10.50  
g. Crabmeat €11.95

### 22. Thai Fried Rice - Khao Pad

Stir fried rice with egg, onions, spring onions, tomato & vegetables

## Stir-Fry

- a. Chicken €11.95 b. Prawn €12.95 c. Fillet Beef €12.95  
d. Vegetarian €10.95 e. Vegetarian & Tofu €11.50  
f. Duck €12.95

Our stir-fries are served with Thai steamed rice

### 23. Ginger - Pad Khin

Stir fried with ginger, mushrooms & garlic with seasoning sauces

### 24. Paht Kra Phrao 🌶️🌶️

Spicy Thai dish stir fried with onions, mushrooms, chillies, basil & spring onion

## Noodles

- a. Chicken €11.95 b. Prawn €12.95 c. Fillet Beef €12.95  
d. Vegetarian €10.95 e. Vegetarian & Tofu €11.50

### 31. Paht Thai

Rice noodles stir fried, with beansprouts, spring onion, carrot, with Paht Thai sauce. Served with ground peanut & a slice of lime

## Side Dishes

33. Steamed Thai Jasmin rice	€3.00	36. Chips	€3.00
34. Egg fried rice	€4.00	40. Thai prawn crackers	€3.00
35. Egg fried noodles	€4.50	served with sweet chilli sauce	
		41. Portion of Curry Sauce	€1.50

## Desserts & Drinks

### Desserts

42. <b>Guay Tod Nampueng</b>	€5.95
Homemade crispy banana fritters in coconut batter, drizzled with honey & sprinkled with sesame seeds	
43. <b>Ice Cream</b>	€4.80
One scoop each of Flavours: Vanilla, Chocolate & Strawberry	
44. <b>Cakes</b>	€4.95
Chocolate cake, Bailey's or Lemon Cheesecake, Carrot cake <b>Served with a scoop of vanilla ice cream</b>	
46. <b>Lychees</b>	€4.50
Served in a light syrup with ice	

### Coffees

Americano, Espresso	€3.20
Latte, Cappuccino, Decaffeinated	€3.50
Mocha	€3.80
Irish Coffee	€6.00

### Teas and Infusions

€3.00

<b>Black Teas</b> - Irish Breakfast Earl Grey, Ceylon Black Decaffeinated
<b>Green Teas</b> - Ginger & Lemongrass, Gunpowder & Mango
<b>Herbal Infusions</b> - Peppermint, Camomile, Wild Berry

### Glass of our House Wine

Sauvignon Blanc	175ml	€6.00
Douro	175ml	€6.00

### Beers

Killarney Craft Beers 500ml (IPA, Blonde & Lager)	€5.50
Singha 330ml	€4.80
Non-Alcoholic Beer 500ml	€5.00
Cronins Cider 500ml	€5.50

### Soft Drinks

o Bottle of sparkling water	500 ml	€2.00
o Bottle of still water	500 ml	€2.00
Minerals:		€2.20
Coca-Cola, Diet Coca-Cola, Coca-Cola Zero, 7Up, 7Up Free, Fanta, Club Orange, Club Lemon, Rock Shandy		

Opening Times 1:00pm to 4:00pm

Takeaway menu also available

Visit our Subtropical Gardens,  
cross the SkyWalk!

### Sala Thai Spice Rating:

Mild = 🌶️ Medium = 🌶️🌶️ Very Spicy = 🌶️🌶️🌶️

If you are concerned about food allergies e.g. Nuts, please seek assistance when selecting

Dine in at *Sala Thai* - Booking Required

[www.kellsbay.ie](http://www.kellsbay.ie)