

sala thai

AT KELLS BAY

"A Taste of Two Kingdoms"

starters

All Starters are cooked in the same oil. For any allergies, please advise so we can fry separately

- 1. Chicken Satay - Gai Satay** ⁵⁻⁶⁻¹⁰ €9.60
Marinated chicken, deep fried on skewers served with our peanut sauce and cucumber ajad
- 2. Vegetable Spring Rolls- Popia Tod** ¹⁻⁶ €8.95
Crispy, fried, vegetarian spring rolls served with sweet chilli sauce
- 3. Prawn Rolls - Goong Hom Pa** ¹⁻²⁻⁶ €8.95
Deep fried prawn rolls served with sweet chilli sauce
- 4. Corn Cakes - Tod Man Khao Pod** ¹⁻⁶ €8.95
Deep fried corn cakes containing herbs & curry paste served with sweet chilli sauce
- 5. Prawn Toast - Kha Nom Pang Na Goong** ¹⁻²⁻³⁻⁶⁻¹¹⁻¹⁴ €8.95
Thai prawn toast served with sweet chilli sauce
- 6. Selection platter of the above 5 starters** ¹⁻²⁻³⁻⁵⁻⁶⁻¹⁰⁻¹¹⁻¹⁴ €18.95
Served with our peanut and sweet chilli sauce
For 2 people
Per extra person €9.50
- 8. Thai Style Chicken Wings** ¹⁻⁶⁻¹⁴ €9.60
Marinated chicken wings served with salad & sweet chilli sauce
- 9. Thai Fish Cakes - Tod Man Bla** ²⁻³⁻⁴ €9.60
Thai fish cakes made with red curry paste served with sweet chilli sauce
- 10. Squid Tempura** ¹⁻⁶⁻¹⁴ €9.60
Deep fried squid in tempura batter with sweet chilli sauce
- 11. Aromatic Duck, Thai style - for 2 persons** ¹⁻⁶⁻¹¹ €18.95
Crispy duck served with pancakes, hoisin sauce with a julienne of carrot, spring onion & cucumber

SOUPS

- a. Chicken €7.50 b. Prawn ² €8.90 c. Vegetarian €7.00
g. Vegan €7.00

- 12. Tom Yam Soup** ⁴⁻⁶
Spicy & sour soup with lemongrass, lemon juice, chilli, galangal root, mushrooms, spring onion, fish sauce & cherry tomato
- 13. Tom Kha Soup** ⁴⁻⁶
Mild coconut milk soup with mushrooms, spring onion, coriander, galangal root and lemongrass and fish sauce

1 - Gluten, 2 - Crustaceans, 3 - Eggs, 4 - Fish, 5 - Peanuts,
6 - Soybean, 7 - Milk, 8A - Cashew Nuts, 8B - Walnuts,
9 - Celery, 10 - Mustard, 11 - Sesame Seeds,
12 - Sulphur dioxide & sulphites, 13 - Lupin, 14 - Molluscs

We can't guarantee a 100% allergen free environment

thai spicy salads (Served warm)

- 14. Sliced fillet of Beef** ⁴ €12.95
Beef fillet stir fried with Thai dressing, chillies, tomato, onion & lime juice
- 15. Sliced breast of Chicken** ⁴ €11.95
Chicken breast stir fried with Thai dressing, chillies, tomato, onion & lime juice
- 16. Seafood** ²⁻⁴⁻⁹⁻¹⁴ €13.95
Squid & prawns in a spicy Thai dressing with glass noodle, coriander, tomato, onion, carrot, celery, spring onion & shallot

CURRIES

- a. Chicken €22.95 b. Prawn ² €23.95 c. Fillet Beef €23.95
d. Vegetarian €21.95 e. Vegetarian and Tofu ⁶ €22.95
f. Duck €23.95 g. Vegan €21.95

- All curries are served with steamed Thai rice included in the price
- Egg fried rice €1.00 extra ¹⁻³⁻⁶
- Egg fried noodles €1.50 extra ¹⁻³⁻⁶

- 17. Green Curry - Kaeng Kiaw Waan** ²⁻⁴ €24.95
Green curry paste with coconut milk, peas, peppers and courgette
- 17. (S) Green Seafood Curry** ²⁻⁴⁻¹⁴ €24.95
With prawns, crab claws & squid
- 18. Yellow Curry - Kaeng Kari**
Yellow curry paste with coconut milk, onion, fried potato and only a dash of chilli. The mildest of the Thai curries
- 19. Red Curry - Kaeng Daeng** ²⁻⁴
Red curry paste with coconut milk, sliced bamboo shoots, courgettes and peppers
- 20. Red Curry with Pineapple** ²⁻⁴
Red curry paste with coconut milk and pineapple
- 21. Massaman Curry** ^{2-8A}
A mild rich curry made with Massaman curry paste, coconut milk, fried potato, onion with cashew nuts and fried shallots

FRIED RICE DISHES

- a. Chicken €19.95 b. Prawn ² €20.95 c. Fillet Beef €20.95
d. Vegetarian €19.50 e. Vegetarian and Tofu ⁶ €19.95
f. Crab Meat ² €20.95 g. Vegan €19.50

- 22. Thai Fried Rice - Khao Pad** ¹⁻³⁻⁶
Stir fried rice with egg, onions, spring onions, tomato and vegetables

A service charge of 12.5% applies to your bill. This is divided amongst our staff



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STIR-FRY

a. Chicken €21.95 b. Prawn ² €22.95 c. Fillet Beef €22.95
d. Vegetarian €20.95 e. Vegetarian and Tofu ⁶ €21.95
f. Duck €22.95 g. Vegan €20.95

- All stir-fries are served with Thai steamed rice included in the price
- Egg fried rice €1.00 extra ¹⁻³⁻⁶
- Egg fried noodles €1.50 extra ¹⁻³⁻⁶

23. Ginger - Pad Khin ¹⁻⁶⁻¹⁴

Stir fried with ginger, mushrooms and baby corn with seasoning sauces

24. Paht Kra Phrao ¹⁻⁶⁻¹⁴

Spicy Thai dish stir fried with onions, mushrooms, chillies, basil and spring onions

25. Black Bean Sauce ¹⁻⁶⁻¹⁴

Stir fried with peppers, onions, carrots and broccoli

26. Paht Nua Rumit Naman Hoy ¹⁻⁶⁻¹⁴

Stir fried with Thai oyster sauce and a selection of fresh vegetables

27. Paht Pik Gaang Daeng ¹⁻²⁻⁴⁻⁶

Red curry pan fried with green beans and peppers

28. Cashew nuts and Spring Onions ^{1-6-8A-14}

Stir fried with cashew nuts, carrots, spring onion and onions

29. Crispy Roast Duck

with a dressing of tamarind sauce, on a bed of vegetables

SALA THAI SPICE RATING

Mild -  Medium -  Very Spicy - 

COFFEES

Americano, Espresso €3.80
Latte, Cappuccino, Decaffeinated ⁷ €4.25
Caffé Mocha ⁷ €4.50
Bailey's or Irish Coffee ⁷ €8.00

TEAS AND INFUSIONS

€3.00

Black Teas - Irish Breakfast, Earl Grey, Ceylon Black Decaffeinated
Organic Green Teen Teas - Ginger and Lemongrass, Pure Mint and Lemon Verbena
Herbal Infusions - Peppermint, Camomile, Wildberry

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FISH (subject to availability)

30. Steamed Fish ¹⁻⁴⁻⁶

€26.95

Whole sea bass (filleted) steamed, with chilli, ginger, soya sauce with a slice of chilli on a bed of vegetables
Served with Thai steamed rice

noodles

a. Chicken €19.95 b. Prawn ² €20.95 c. Fillet Beef €20.95
d. Vegetarian €19.00 e. Vegetarian & Tofu ⁶ €19.95
g. Vegan €19.00

31. Paht Thai ¹⁻³⁻⁵⁻⁶

Rice noodles stir fried, with beansprouts, spring onion, carrot with Paht Thai sauce. Served with ground peanut & a slice of lime

32. Paht See Yu ¹⁻³⁻⁶

Egg noodles stir fried, with broccoli, carrots, egg and mushrooms to flavour, with seasoning sauces and a slice of lime

side dishes

33. Steamed Thai Jasmin rice €3.00
34. Egg fried rice ¹⁻³⁻⁶ €4.00
35. Egg fried noodles ¹⁻³⁻⁶ €4.50
36. Chips €4.50
37. Omelette ¹⁻³⁻⁶ €6.50
38. Mixed vegetables stir fried with oyster sauce ¹⁻⁶⁻¹⁴ €6.50
39. Broccoli stir fried with oyster sauce ¹⁻⁶⁻¹⁴ €6.50
40. Thai prawn crackers with sweet chilli sauce ² €3.00
41. Portion of Green Curry Sauce ²⁻⁴ €1.80

o Bottle of sparkling water €2.50
o Bottle of still water €2.50
o Glass of Orange Juice €2.80
o Glass of Milk ⁷ €1.80
Minerals: €3.30
Coca-Cola, Diet Coca-Cola, Coca-Cola Zero, 7Up, 7Up Free, Fanta, Club Orange, Club Lemon, Rock Shandy
o Capri Sun €2.00

BEER

Craft Beers 500ml ¹ €5.90
Singha 330ml & Tiger 330ml ¹ €5.50
Non-Alcoholic Beer 500ml ¹ €5.90
Cronins Cider 500ml €5.90

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